Mask Wearing Do's and Don'ts

Important: Always wear a mask any time you can't maintain at least 2 meters (6 feet) distance with a co-worker. If in doubt, wear a mask.

Do's
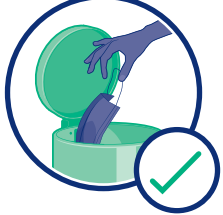
Wash your hands before touching the mask

Place and shape the metal piece or stiff edge over your nose

Cover your mouth, nose and chin

Remove from behind the ears or head

Properly dispose of masks in a waste receptacle and wash your hands after

Don'ts

Do not leave your nose uncovered

Do not wear a damaged or damp mask

Do not wear a loose-fitting mask

Do not touch the front of the mask or reach underneath it

Do not remove the mask to talk to someone

Remember: Masks are only one part of COVID-19 prevention. Maintain distance, wash your hands frequently and thoroughly, and follow all other COVID-19 prevention protocols.

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