Stopping the Spread. It Starts with Me.

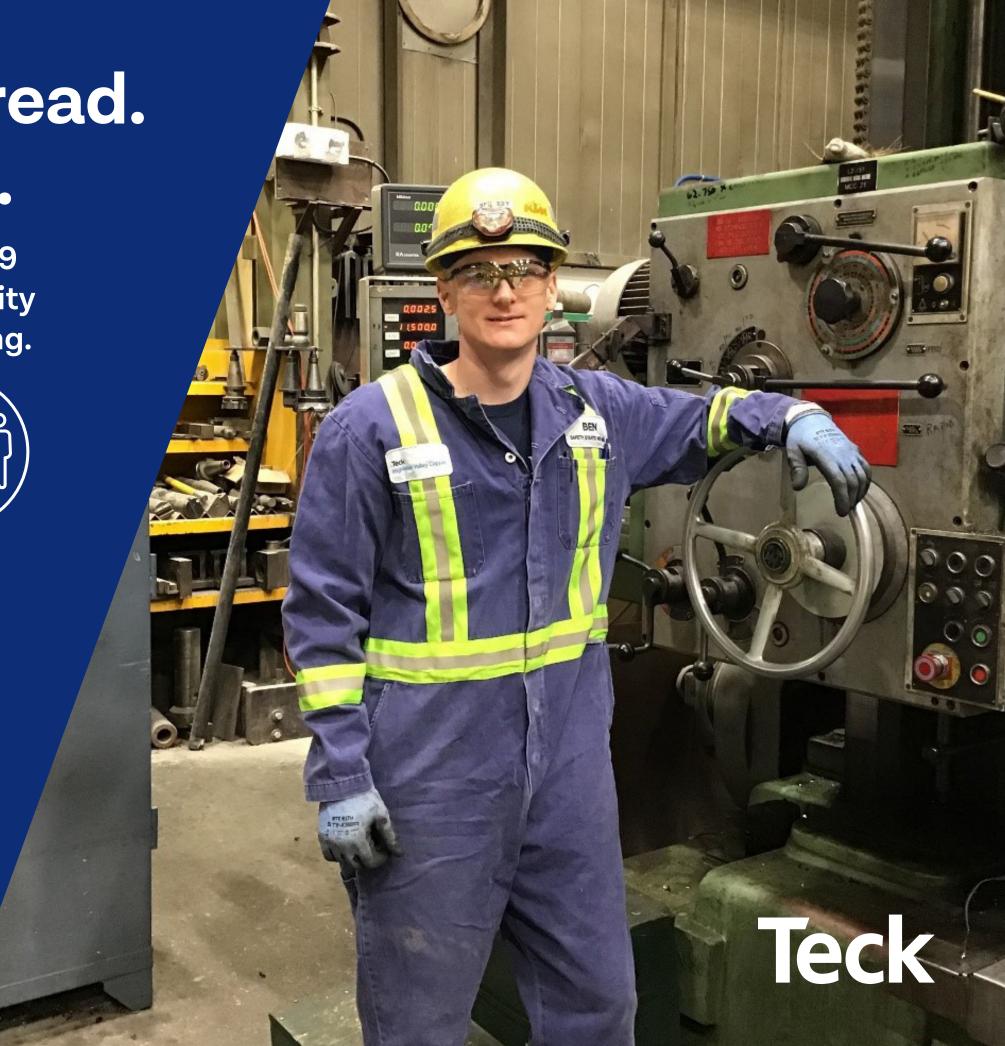
You help stop the spread of COVID-19 at work, at home and in our community when you practice physical distancing.

Physical distancing means keeping a minimum of 2 metres/6 feet between you and others.



I am practicing physical distancing to stop the spread of COVID-19 because I know that stopping the spread starts with me.

Ben Eby Machinist, Highland Valley Copper; son, brother, and husband



Speak Up to Stop the Spread.

Everyone has the responsibility to speak up to help stop the spread of COVID-19, at work, at home and in our community.

Wash your hands with soap and water for at least 20 seconds.



I'm speaking up about the importance of diligent hand hygiene at work and at home as part my role as a First Aid Attendant.

Aniko Hawthorn Protective Services Officer, Highland Valley Copper; mother and co-worker Teck valley Coppe



Stopping the Spread. It Starts with Me.

You help stop the spread of COVID-19 at work, at home and in our community when you practice physical distancing.

Cover your mouth with a tissue or your sleeve (not your hands) when you cough or sneeze.



I am staying informed and practicing physical distancing to keep my crew and their families healthy and safe. Stopping the spread. It starts with me.

Blake Ledoux Senior Supervisor, Mine Operations, Highland Valley Copper; father, husband and co-worker



Speak Up to Stop the Spread.

Everyone has the responsibility to speak up to help stop the spread of COVID-19, at work, at home and in our community.

Clean and disinfect high touch surfaces. Follow cleaner label instructions.



I'm speaking up about the importance of following all preventative measures that can help stop the spread of COVID-19, while also not losing sight of our everyday hazards and tasks.

Kelsey Riley Millwright, Highland Valley Copper; son, brother, husband, father and friend

