### COVID-19:

# Support for Employees

Resources are available to support you and your family during the COVID-19 outbreak. For more information on the resources available, visit connect.teck.





## **Employee and Family Assistance Program Resources**

Teck's Employee and Family Assistance Program (EFAP) is available to help ensure employees and their families always have somewhere to turn for support, particularly when coping with stress and anxiety.

Immediate and confidential EFAP services are accessible 24/7, 365 days a year. Individuals will receive crisis counselling support and/or referral to community resources.

#### All sites in Canada, except Cardinal River

Morneau Shepell

**Toll Free:** 1.800.387.4765 www.workhealthlife.com

#### **Cardinal River**

West Yellowhead Counselling Services Toll Free: 1.888.865.3327 (within Alberta)

www.wycs.ca

### **Medisys On-Demand Health App**

All employees in Canada have access to Medisys On-Demand, powered by Akira, a mobile health app.

Medisys On-Demand provides on-demand access to a team of primary care providers from your mobile device to ensure you and your family have access to the care you need. The service allows users to speak with and seek advice from a clinician about medical or mental health concerns. Other service examples include prescriptions and referrals.

#### To register for Medisys On-Demand:

- **Option 1:** Check your Teck email account for a message from Medisys and registration details
- **Option 2:** Email medisys.health@teck.com and include the following information to receive the registration details in your personal email account:
  - · Your first and last name
  - · Your employee ID
  - · Your personal email address

### **Extended Short-Term Disability Benefits**

Teck has expanded current coverage of sick leave benefits for regular employees.

#### Eligibility

- 1. Any employee who has symptoms consistent with COVID-19 (e.g. fever, cough, difficulty breathing) will remain eligible for sick leave benefits. Waiting periods, if any, will be waived
- 2. Should an employee who does not have symptoms consistent with COVID-19 but has been instructed to self-isolate by the relevant health authority (e.g. family doctor or public health authority) as a result of coming into close contact with someone with COVID-19 or with someone with symptoms consistent with COVID-19, we will attempt to accommodate a remote work arrangement. If this cannot be accommodated, the employee will be eligible for sick benefits with no waiting period.

For more information, please contact your HR Advisor.