



For Immediate Release 20-6-TR

Teck Media and Investor Audiocast Advisory

Date: January 24, 2020

Vancouver, B.C. – Teck Resources Limited (TSX: TECK.A and TECK.B, NYSE: TECK) ("Teck") President and Chief Executive Officer, Don Lindsay will be presenting at the CIBC Western Institutional Investor conference on Wednesday, January 29, 2020 at 1:10 p.m. Eastern/10:10 a.m. Pacific time. The investor presentation will include information on company strategy, financial performance, and outlook for the company's business units.

The presentation will be audiocast through the following link at: https://cibcvirtual.com/banff2020

Alternatively, the audiocast with supporting slides will be available on Teck's website at: www.teck.com.

About Teck

Teck is a diversified resource company committed to responsible mining and mineral development with major business units focused on copper, steelmaking coal, zinc and energy. Headquartered in Vancouver, Canada, its shares are listed on the Toronto Stock Exchange under the symbols TECK.A and TECK.B and the New York Stock Exchange under the symbol TECK. Learn more about Teck at www.teck.com or follow @TeckResources.

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